



Appendix 1

COVID-19

This addition to the policy should be read in conjunction with “the Company” Accommodation Policy,

Date of statement: July 2020

Company policy

Bristol City Football Club, Bristol City Women’s Football Club, Bristol City Robins Foundation, Bristol Bears Rugby, Bristol Bears Women, Bristol Bears Foundation, Bristol Bears Academy, Bristol Flyers, Bristol Flyers Foundation, Bristol Sport Foundation, Ashton Gate and Bristol Sport (collectively referred to as “the Company”)

“The Company” has both a moral and legal obligation to ensure a duty of care for both children and adults across its services. We are committed to ensuring that all children and adults are protected and kept safe from harm whilst engaged in any services organised and provided by “the Company”. “The Company” is committed to ensuring safeguarding practice reflect statutory responsibilities, government guidance and complies with best practice and local authority requirements.

Company statement

The way in which our “Company” is currently operating in response to coronavirus (COVID-19) is fundamentally different to business as usual. However, a number of our important safeguarding principles remain the same:

- with regard to safeguarding, the best interests of children and adults at risk will always continue to come first
- if anyone has a safeguarding concern about any child or adult at risk connected to “the Company” they should continue to act and act immediately
- the Senior Safeguarding Officer for “the Company” will always be available on [safeguarding @bristol-sport.co.uk](mailto:safeguarding@bristol-sport.co.uk) or 07880140411
- unsuitable people are not allowed to enter “the Company” workforce and/or gain access to children or adults at risk.

Host Family Accommodation

Prior to return:

Where government guidance permits, a return to Host Family Accommodation for an elite athlete will be considered, using the following criteria:

- a multidisciplinary risk assessment to be carried out (appendix 2 Accommodation Policy) to support the implementation of effective control measures.

-Occupational health risk assessment/expertise will be used to inform safe occupancy levels (i.e. number of individuals per household and bedroom).

-Screening of both households (both player's own household and that of the host family) will take place to identify individuals who are clinically vulnerable, at high risk or are shielding (appendix 3 Accommodation Policy)

- Further implement symptom questionnaires or testing may be considered. (appendix 4 Accommodation Policy)

-Government guidelines will be implemented in the case of individuals returning from overseas.

On return:

Should any member of the host family household, experience symptoms of COVID-19 they are required to inform the Club **immediately**

If the player is present in the household at the time they must remain there until informed otherwise be either Head of Medical or Senior Safeguarding Lead.

If the player is visiting another residence and someone displays signs of COVID-19 they must remain there until informed otherwise by either Head of Medical or Senior Safeguarding Lead. (see contact details below)

Under no circumstances should a player attend the training ground if they have any symptoms of COVID-19.

Social distancing should be respected at all times.

Club Accommodation

Prior to return

- a multidisciplinary risk assessment will be carried out (appendix 2 Accommodation Policy) to support the implementation of effective control measures.

- Occupational health risk assessment/expertise will be used to inform safe occupancy levels (i.e. number of Individuals per household and bedroom).

-Screening of each individual's original household will take place to identify individuals who are clinically vulnerable, at high risk or are shielding (appendix 2 Accommodation Policy)

-a deep clean of the property will be undertaken by the Club.

On return:

Members of the household will form a social bubble.

Should any member of the household, experience symptoms of COVID-19 they are required to inform the Club **immediately**. **ALL** members of that household must remain in the accommodation until informed otherwise be either Head of Medical or Senior Safeguarding Lead.

Should a member of the household have been in contact with any other person who develops symptoms of COVID -19 they must inform the Club immediately and remain in their accommodation until informed otherwise.

Under no circumstances should a player attend the training ground if they have any symptoms of COVID-19.

Social distancing should be respected at all times.

Living arrangements other than in Host Family or in Club Accommodation

Prior to return:

All players are expected to comply with government requirements regarding isolation and social distancing whilst not at the training ground whether at their homes or otherwise.

All players' households will be subject to Club screening process (appendix 3 Accommodation Policy).

It is important that if they or any member of the household, experience symptoms of COVID-19 whilst not at the training ground that they inform the Club doctor immediately,

Under no circumstances attend the training ground if they have any symptoms of COVID-19.

Procedures for players who may have been in contact with, are showing signs of, or confirmed to have COVID -19.

Any player who may have been in contact with, shows signs of, or is confirmed to have COVID-19 MUST contact either:

Senior Safeguarding lead - Maggie Martin safeguarding@bristol-sport.co.uk or
07880140411

OR

Head of Academy Medical Team Dave Walker david.walker@bcfc.co.uk

- 07783412442

Procedures:

The player will be asked to give full details of any symptoms and their contacts

The Safeguarding and Medical team together with the Club doctor will make the decision to either refer the player for further treatment, isolate the player or send the player home for a period of isolation.

Additional support

Negative experiences and distressing life events, such as the current circumstances, can affect the mental health of us all. Players who are struggling under the current circumstances should contact "the Company" safeguarding staff as outlined above. Support can also be accessed through a number of national organisations including:

The Samaritans	https://www.samaritans.org	Tel: 116 123
ChildLine:	https://www.childline.org.uk	Tel: 0800 1111
NSPCC:	https://www.nspcc.org.uk	Tel: 0808 800 5000
Mind:	https://www.mind.org.uk	Tel: 0300 123 3393
PFA:	https://www.thepfa.com/wellbeing	Tel: 07500 000 777



Safeguarding RISK ASSESSMENT FOR Host Family or Club Accommodation COVID-19

Hazard	Existing Controls	L	S	Risk (L x S)	People Affected	Further Controls	Final Risk Assessment	Additional Actions
Medical Risk of developing COVID-19	Government guidance on social distancing is followed		4		HF Player	HF to confirm via health questionnaire that they are not vulnerable/shielding.		
	Key workers/high risk roles are identified		4			HF to complete job section on health questionnaire		
	Government guidance on forming a “bubble” is followed		3		Visitors	HF aware of risks to inform Club of any large gatherings		
	Players and coaches are operating in “bubble”		4		Players AC staff	Strict protocols in place on Academy site		
	Procedures in place should there be a positive test or symptoms of COVID		5		HF Player MT/SSO	COVID procedures understood Policy signed by HF 14 days self-isolation		
	Training is provided on need for additional Infection control within HF home		2		HF	Additional hand sanitiser / face coverings, detergents in use and provide by HF		

Hazard	Existing Controls	L	S	Risk (L x S)	People Affected	Further Controls	Final Risk Assessment	Additional Actions
Travel Exposure to COVID -19 whilst traveling	Club discusses with family as to how player will travel between home and accommodation		4		Player PL family	Club intervention if appropriate		
	Transport to training is agreed by Club		4		Player CD	Club intervention if appropriate See COVID transport policy		
	Transport to fixtures is organised by Club		4		PL Club staff	EFL match day guidance to be followed		
Training Risk of spreading or contracting COVID-19	Social distancing measures are in place		4		PL Staff	All players in own social bubble		
	Changing room/showers not in operation		5			All players to attend training ground in kit Kit to be washed by HF/ in own accommodation		
	Gym is closed		4					
	No canteen facilities provided		4			Prepacked food/water provided		
	Strength and conditioning work led by Medical team		3			Additional protocols in place		
	Injuries protocols in place follow EFL guidance		4			Medical team have access to PPE		

Hazard	Existing Controls	L	S	Risk (L x S)	People Affected	Further Controls	Final Risk Assessment	Additional Actions
Social and emotional needs Support for players living away from home in an isolated environment	Government guidance followed		3		Player	Player to have own social bubble and adhere to government and Club guidance.		
	Family visits to be encouraged but in HF garden		3		Family Players	Encourage use of "zoom" to maintain contact		
	Players have own room with TV provision.		2			No visitors		
	Education programme established		3		Ed team	College and Club protocols in place		
	All players have contact nos. for SSO / ML/ PC		4		Player HF SSO	HF key phone nos. HF training on wellbeing/mental health		
	Check in with player / family prior to return.		3					

Risk Matrix

		In place				
		0	1	2	3	4
		Fully	Largely	Mainly	Gaps	Absent
Severity	1 Minor	0	1	2	3	4
	2 Harmful	0	2	4	6	8
	3 Serious	0	3	6	9	12
	4 Major	0	4	8	12	16
	5 Fatal/catastrophic	0	5	10	15	20

Risk Rating		
1 to 4	Minimal	Allow the accommodation to go ahead
5 to 9	Low	Allow the accommodation to go ahead but monitor in case of changes

10 to 12	Medium	Some control measures may be required before the accommodation goes ahead
15 to 16	High	Urgent control measures may be needed before the accommodation goes ahead
20	Intolerable	Stop the accommodation is unsuitable

Key:

HF Host Family
AS Academy staff
MT Medical team
SSO Senior Safeguarding Officer

PL Player
CD Club driver
PC Player care

Additional notes (if required)

Signed: Senior Safeguarding Lead

Date:

Head of Academy Medical Team

Date:

Academy Manager

Date:



Appendix 2 U18 Medical questionnaire

Basic Information

- Name:
- Date:
- Age Group:

- DOB:
- Nationality:
- Home Address:

- Telephone Number:
- Host Family Address:

GP/Doctors

- Doctor:
- Surgery Address:

- Contact:

Emergency Contact (Next of Kin)

- Name:
- Address:

-

- Contact:
- Relationship:

COVID-19

The Player:

- Have you had a positive test for COVID-19?
- Have you had any of the following symptoms since "lockdown" (March 23rd, 2020)?
 - Persistent high temperature / cough:
 - Persistent cough (Lasting several days):
 - Loss of taste:
 - Loss of smell:
 - Shortness of breath:
 - Chest pain on exertion:

If you answer "Yes" to any of the above questions, please provide details:

The Player's Household:

- Has anyone in your household tested positive for COVID-19?
- Has anyone in your household had any of the following symptoms since "lockdown" (March 23rd, 2020)?
 - Persistent high temperature / cough:
 - Persistent cough (Lasting several days):
 - Loss of taste:
 - Loss of Smell:
 - Shortness of breath:
- Do you live with anyone who is in a higher risk group for COVID-19, for example:
 - Over 70 years old.
 - Solid organ transplant.
 - Cancer diagnosis.
 - Immunotherapy or other continuing antibody treatment for cancer.
 - Targeted cancer treatment which can affect the immune system.
 - Bone marrow or stem cell transplant in the last 6 months or taking immunosuppression drugs.
 - Severe respiratory conditions (i.e. COPD, Cystic Fibrosis, severe asthma).
 - Rare disease that significantly increases risk of infection.
 - Receiving immunosuppression therapies sufficient to increase risk of infection.
 - Women who are pregnant with significant heart disease, congenital or acquired.

If you answer "Yes" to any of the above questions, have other personal circumstances you wish to discuss **or would like to ask the academy doctor or COVID-19 Officer any specific health questions** please provide details **or a contact number**:

- Please state any illnesses that you are currently suffering from or receiving treatment for:
- **Include any conditions that increase the risk of contracting COVID-19, or potential for increased COVID-19 severity or mortality.**
 - Diabetes:
 - Kidney Disease:
 - Asthma:

If you ticked any of the above please provide details, or state any other illness / condition:

Allergies:

- Do you carry an EpiPen?
- If yes, why?
- Where do you store it during training/matches?
- Allergies (medicines/drugs):
- Allergies (other):
- Are you currently taking any medications (name & dose)?

All medications are subject to UKAD rules, with all players eligible for random testing. Please use <https://globaldro.com> to verify if your medication(s) are permitted. Should your medication(s) be prohibited **DO NOT** stop taking the prescribed medication(s), **but immediately alert club staff.**

- Are there any other medical conditions that coaching and medical staff should be made aware of? If yes, please provide details:

COVID-19 has caused significant impact upon personal, family, academic, working and sporting lives since lockdown. We recognise the potential physical and psychological effect this could have and is individual to every player. Therefore, if you have any questions to help your transition back to football for example, physical preparation, how the training ground will be COVID-19 safe, education arrangements, training kit etc. please outline these below:

Players Living with Host Families:

1. If you (the player) are currently at your host family:

Should you or a member of your family household be advised to self-isolate by NHS test and trace, become symptomatic of COVID-19 or test positive for COVID-19, **you must stay at your host family.** Immediately inform Bristol City FC safeguarding and medical staff who will advise if applicable, where you should self-isolate and appropriate methods of transport.

2. If you (the player) are currently at your family home:

Should you or a member of your family household be advised to self-isolate by NHS test and trace, become symptomatic of COVID-19 or test positive for COVID-19, **you must stay at your family home.** Immediately inform Bristol City FC safeguarding and medical staff who will advise on self-isolation.

If in doubt, remain at your current address, immediately inform Bristol City FC safeguarding and medical staff who will provide guidance.

The Player & Your Household:

Should you or individuals within your household become symptomatic of COVID-19, please contact club medical staff by phone **and do not attend any Bristol City FC sites.** Additionally, please update the club should there be any change in your health or that of individuals within your household in relation to COVID-19.

Signature

Player:

Parent / Guardian:

Date:

Date:



Presenting Condition:	Date: Time:
Past Medical History:	
Signs & Symptoms:	
Last Meal / Drink:	



Appendix 2

U23 Medical Questionnaire

Basic Information

- Name:
- Date:
- Age Group:

- DOB:
- Nationality:
- Home Address:

- Telephone Number:
- Host Family or Club House Address:

GP/Doctors

- Doctor:
- Surgery Address:

- Contact:

Emergency Contact (Next of Kin)

- Name:
- Address:

- Contact:
- Relationship:

COVID-19

The Player:

- Have you had a positive test for COVID-19?
- Have you had any of the following symptoms since "lockdown" (March 23rd, 2020)?
 - Persistent high temperature / cough:
 - Persistent cough (Lasting several days):
 - Loss of taste:
 - Loss of smell:
 - Shortness of breath:
 - Chest pain on exertion:

If you answer "Yes" to any of the above questions, please provide details:

The Player's Household:

- Has anyone in your household tested positive for COVID-19?
- Has anyone in your household had any of the following symptoms since "lockdown" (March 23rd, 2020)?
 - Persistent high temperature / cough:
 - Persistent cough (Lasting several days):
 - Loss of taste:
 - Loss of Smell:
 - Shortness of breath:
- Do you live with anyone who is in a higher risk group for COVID-19, for example:
 - Over 70 years old.
 - Solid organ transplant.
 - Cancer diagnosis.
 - Immunotherapy or other continuing antibody treatment for cancer.
 - Targeted cancer treatment which can affect the immune system.
 - Bone marrow or stem cell transplant in the last 6 months or taking immunosuppression drugs.
 - Severe respiratory conditions (i.e. COPD, Cystic Fibrosis, severe asthma).
 - Rare disease that significantly increases risk of infection.
 - Receiving immunosuppression therapies sufficient to increase risk of infection.
 - Women who are pregnant with significant heart disease, congenital or acquired.

If you answer "Yes" to any of the above questions, have other personal circumstances you wish to discuss **or would like to ask the academy doctor or COVID-19 Officer any specific health questions** please provide details **or a contact number**:

- Please state any illnesses that you are currently suffering from or receiving treatment for:
- **Include any conditions that increase the risk of contracting COVID-19, or potential for increased COVID-19 severity or mortality.**
 - Diabetes:
 - Kidney Disease:
 - Asthma:

If you ticked any of the above please provide details, or state any other illness / condition:

Allergies:

- Do you carry an EpiPen?
- If yes, why?
- Where do you store it during training/matches?
- Allergies (medicines/drugs):
- Allergies (other):

- Are you currently taking any medications (name & dose)?

All medications are subject to UKAD rules, with all players eligible for random testing. Please use <https://globaldro.com> to verify if your medication(s) are permitted. Should your medication(s) be prohibited **DO NOT** stop taking the prescribed medication(s), **but immediately alert club staff.**

- Are there any other medical conditions that coaching and medical staff should be made aware of? If yes, please provide details:

COVID-19 has caused significant impact upon personal, family, academic, working and sporting lives since lockdown. We recognise the potential physical and psychological effect this could have and is individual to every player. Therefore, if you have any questions to help your transition back to football for example, physical preparation, how the training ground will be COVID-19 safe, education arrangements, training kit etc. please outline these below:

Players Living with Host Families or In A Club House:

3. If you (the player) are currently at your host family / club house:

Should you or a member of your family household be advised to self-isolate by NHS test and trace, become symptomatic of COVID-19 or test positive for COVID-19, **you must stay at your host family or club house.** Immediately inform Bristol City FC safeguarding and medical staff who will advise if applicable, where you should self-isolate and appropriate methods of transport.

4. If you (the player) are currently at your family home:

Should you or a member of your family household be advised to self-isolate by NHS test and trace, become symptomatic of COVID-19 or test positive for COVID-19, **you must stay at your family home.** Immediately inform Bristol City FC safeguarding and medical staff who will advise on self-isolation.

If in doubt, remain at your current address, immediately inform Bristol City FC safeguarding and medical staff who will provide guidance.

All Players & Your Household:

Should you or individuals within your household become symptomatic of COVID-19, please contact club medical staff by phone **and do not attend any Bristol City FC sites.** Additionally, please update the club should there be any change in your health or that of individuals within your household in relation to COVID-19.

Signature

Player:

Date:



Presenting Condition:	Date: Time:
Past Medical History:	
Signs & Symptoms:	
Last Meal / Drink:	



Appendix 3 Medical Form **Host Families**

Please complete the form below for all members of your household, use a separate form for each member. This will need to be completed prior to any player being placed within the home. Note it is your responsibility to inform the Club should any information change.

Where any family member displays any symptom of COVID the family will be expected to self-isolate immediately and inform the “Club”. The player should remain within the household whilst the Club makes arrangements for their future care.

Safeguarding 07880140411

Basic Information

- Name
- DOB:
- Religion:
- Nationality:
- Home Address:
- Telephone Number:

Host Family GP/Doctors

- Doctor:
- Surgery Address:
- Contact nos

Emergency Contact (Next of Kin)

- Name:
- Address:

- Contact:
- Relationship:

COVID-19

The Host Family member completing this form:

- Have you had a positive test for COVID-19?:
- Have you had any of the following symptoms since “lockdown” (March 23rd 2020)?
 - Persistent high temperature / cough:
 - Persistent cough (Lasting several days):
 - Loss of taste:
 - Loss of smell:
 - Shortness of breath:
 - Chest pain on exertion:

If you answer “Yes” to any of the above questions, please provide details:

The Host Family Household:

- Has anyone in your household tested positive for COVID-19?:
- Has anyone in your household had any of the following symptoms since “lockdown” (March 23rd 2020)?
 - Persistent high temperature / cough:
 - Persistent cough (Lasting several days):
 - Loss of taste:
 - Loss of Smell:
 - Shortness of breath:
- Do you live with anyone who is in a higher risk group for COVID-19, for example:
 - Over 70 years old:
 - Solid organ transplant:
 - Cancer diagnosis:
 - Immunotherapy or other continuing antibody treatment for cancer:
 - Targeted cancer treatment which can affect the immune system:
 - Bone marrow or stem cell transplant in the last 6 months or taking immunosuppression drugs:

- Severe respiratory conditions (i.e. COPD, Cystic Fibrosis, severe asthma):
- Rare disease that significantly increases risk of infection:
- Receiving immunosuppression therapies sufficient to increase risk of infection:
- Women who are pregnant with significant heart disease, congenital or acquired:

If you answer “Yes” to any of the above questions, have other personal circumstances you wish to discuss or would like to ask the academy doctor or COVID-19 Officer any specific health questions please provide details or a contact number:

- Please state any illnesses that you are currently suffering from or receiving treatment for:
- Include any conditions that increase the risk of contracting COVID-19, or potential for increased severity of illness from COVID-19.

- Are there any other medical conditions that coaching and medical staff should be made aware of? If yes, please provide details:

COVID-19 has caused significant impact upon personal, family, academic, working and sporting lives since lockdown. We recognise the potential physical and psychological effect this could have and is individual to every person. Therefore, if you have any questions for example, how the training ground will be COVID-19 safe, education arrangements, training kit etc. please outline these below:

Please remember that should you or individuals within your household become symptomatic of COVID-19, you must contact the Club using the Safeguarding nos. immediately. **Do not attend any Bristol City FC sites or send your player in.** Additionally, please update the club should there be any change in your health or that of individuals within your household in relation to COVID-19.

I have read and completed the Club medical form and agree to abide by the terms and conditions.

Signature

- Host Family member

- Date:

When complete please return to the Senior Safeguarding Officer.

Club use only

Received on

Checked by (Safeguarding team)

Approved by (Medical Officer)

Date