



Disability Football Session Procedure

Please undergo a self-assessment for any COVID-19 symptoms before attending any sessions.

No-one should leave home to participate in football if they, or someone they live with, has any of the following:

- A high temperature (above 37.8°C)
- A new, continuous cough
- A loss of, or change to, their sense of smell or taste

We will check if you have had any of these symptoms upon arrival and before you mix with others

Please do not arrive any earlier than 5 minutes before the advertised start time of your session.

If possible, we please ask that only one parent/carer/guardian accompanies their child to the session, as this will help reduce the amount of people we have on site.

If you are unable to attend the session alone, only one person from your party may accompany the participant at the session, the rest must remain in the car for the duration of the session unless in exceptional circumstances.

Please ensure your child goes to the toilet before you drive to the venue, in order to reduce the number of people using the toilets at the venue.

When parking - where possible - leave a gap between your vehicle and the next vehicle.

Please observe two-meter social distancing **at all times**.

Before entering the playing facilities, you will be greeted by a member of staff who will: sign you in, ask you a few questions, take your temperature and provide you with hand sanitizer to apply.



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Please hand in a signed session agreement. If you are unable to print a letter off before the session a form can be provided upon request.

When waiting to be signed in we ask all participants and their parents/carers/guardians observe social distancing.

Please sanitise your hands upon arrival.

Keep walking along the path to the court where your child can go into when given permission by the coach on the court. We will be using two 5-a-side courts for each session.

Parents/carers/guardians must remain two metres away from one another if spectating.

On each court there will be 13 participants and two coaches. We will be running activities that adhere to social distancing during the session. The FA now allow for competitive football matches to be played during football sessions.

If your child needs to go to the toilet during the session, the adult who is with them will need to take them. The child will need to wait before they are told they can leave the court by the coach. The coach will direct the adult and child to where they need to go to access the toilet. Please ensure thoroughly wash their hands before and after using the toilet. Upon rejoining the session, the young person will need to sanitise their hands again.

At the end of the session, each child will be dismissed one at a time by the coach. We will be using a one-way system when leaving the venue and you will be told which direction you need to walk to return to your vehicle.

Make sure you observe social distancing when departing the venue.

Remember do not attend the session if you, your child, or anybody else in your household are showing symptoms of COVID-19.



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Thank you for your co-operation

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